

Understanding **Transference and Countertransference** in Healthcare



Healthcare staff and patients may experience transference and countertransference as part of their interactions. Staff can learn to recognize and manage these psychological dynamics to enhance patient care and maintain professional boundaries.

By the end of this guide, you will be able to:

- Define transference and countertransference and their significance in healthcare interactions.
- Identify common signs of transference and countertransference in patient-caregiver relationships.
- Recognize the impact of these dynamics on patient care and staff well-being.
- Apply strategies to manage transference and countertransference professionally.



Want to see more?

Reach out to your Account Manager to learn more about this course and add it to your current training program.